

The Hammock and the Hummingbirds

My pen is my No — a novel by Karine Baridon · comparable titles

Three accessible, successful titles, all adapted for the screen, and one series for the tone.

1. *Anxious People* — Fredrik Backman

A funny and moving dramatic comedy, a worldwide success, adapted as a series. Like Backman, *The Hammock and the Hummingbirds* makes the reader laugh about serious things — anxiety, family, the wounds we carry — without ever mocking its characters.

2. *Where'd You Go, Bernadette* — Maria Semple

A structure built from different documents and multiple voices, a complex female character, adapted for the cinema. The novel shares this playful structure: the story of the past alternates with TV interviews, where the author and her own fictional character argue about what really happened.

3. *Everything I Know About Love* — Dolly Alderton

An oral tone, humour and vulnerability, a UK success adapted as a series. Like Alderton, Karine Baridon writes about love and its aftermath in a voice that is funny, direct and unafraid of its own fragility.

For the tone: *Fleabag* — Phoebe Waller-Bridge

A heroine who talks to us, laughs at herself, and lets the pain show through the jokes. The novel has the same funny-sad rhythm: every heavy moment is followed by a laugh.

What sets it apart

The novel explicitly invites the reader to create. Its final chapters offer writing games and exercises, and its companion website, lehamacetlescolibris.com, makes that invitation real: the full text free to read, chapters read by the author, original songs, creative challenges, practical sheets, and a gallery where readers publish their own creations. Its central verb is *to create*.

Karine Baridon · contact@lehamacetlescolibris.com · lehamacetlescolibris.com